

## SPRING 2019 POOL SCHEDULE

BEGINS: Wednesday March 13th, 2019 ENDS: Tuesday June 10th

Summer Schedule will be available June 1st, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 - 8:00	6:00 - 8:15	6:00 - 8:15	6:00 - 8:15	6:00 - 8:15	6:00 - 8:15	7:00 - 8:00
Masters Swim	Health Center Member ONLY Adult Lap	Health Center Member ONLY Adult Lap	Health Center Member ONLY Adult Lap	Health Center Member ONLY Adult Lap	Health Center Member ONLY Adult Lap	Masters Swim 8:00 - 8:30 2 Outer Lanes
8:00 - 9:30	8:15 - 10:00	8:15 - 10:00	8:15 - 9:25	8:15 - 10:00	8:15 - 9:00	8:30 - 9:30
Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap
9:30 - 10:00	10:00 - 11:00	10:00 - 12:00	9:30 - 11:30	10:00 - 11:00	9:00 - 11:30	9:30 - 10:00
SNE Group Swim 2 Lap Lanes	Aquacise Class 1 Lap Lanes	Open Swim Instruction 2 Lap Lanes	Closed for Nursery Swim	Aquacise Class 1 Lap Lanes	Little Goldfish TT Swim 2 Lap Lanes	SNE Group Swim 2 Lap Lanes
10:00 - 10:30	11:00 - 12:00		11:30 - 12:00	11:00 - 12:30	11:30 - 12:00	10:00 - 10:30
Little Goldfish Instruction 1 Lap Lanes	Open Swim Instruction 2 Lap Lanes	12:00 - 1:00	Open Swim Instruction 2 Lap Lanes	Open Swim Instruction 2 Lap Lanes	Open Swim Instruction 2 Lap Lanes	Little Goldfish Instruction 1 Lap Lanes
10:30 - 2:00	12:00 - 12:55	12:00 - 1:00	12:00 - 1:00	2 Lap Lanes	12:00 - 1:00	10:30 - 2:55
Open Swim Instruction 2 Lap Lanes  After 1:00 please call ahead at x325 to confirm 1:00-2:00 Birthday Parties! 2:00 - 3:00 Pre-Team Clinic	Adult Lap	Adult Lap	Adult Lap	12:30 - 2:00 Group Lessons TT Swim 2 Lap Lanes	Adult Lap	Open Swim Instruction 2 Lap Lanes
	1:00 - 2:30 CLOSED for Nursery Swim	1:00 - 2:30 Group Lessons 2 Lap Lanes	1:00 - 3:25 Open Swim Instruction 2 Lap Lanes	2:00 - 3:25 Open Swim Instruction 2 Lap Lanes	1:00 - 5:00 Open Swim Instruction 2 Lap Lanes	
	2:30 - 3:25 Open Swim Instruction 2 Lap Lanes	2:30 - 3:25 Open Swim Instruction 2 Lap Lanes				
3:00 - 6:00 CLOSED Pre-Team/ Team Practice	3:30 - 5:15 CLOSED for Group Lessons	3:30 - 5:15 CLOSED for Group Lessons	3:30 - 5:15 CLOSED for Group Lessons	3:30 - 5:15 CLOSED for Group Lessons		3:00 - 4:30 CLOSED for Group Lessons
<b>AQUATIC STAFF:</b>  <b>Director of Aquatics</b>  <b>Marlena Rykala</b> 472-3300 ext:312 rykalam@jccmw.org  <b>Aquatics Assistant</b> <b>Susan Mandel</b> mandels@jccmw.org  <b>HEALTH CENTER Sunrise Swim</b> M-F 6am-8:15am  <b>MASTER SWIM</b> Sat 7am-8:30am Sun 7am-8am Wed 8pm-9pm	5:15 - 6:30 Open Swim Instruction 2 Lap Lanes	5:15 - 6:30 Open Swim Instruction 2 Lap Lanes	5:15 - 6:30 Open Swim Instruction 2 Lap Lanes	5:15 - 6:30 Open Swim Instruction 2 Lap Lanes	5:00 - 5:45 Adult Lap	
	6:30 - 7:00 Adult Lap	6:00 - 7:00 Adult Lap	6:30 - 8:30 CLOSED Swim Team	6:30 - 7:30 CLOSED Swim Team		
	7:00 - 9:00 CLOSED Swim Team	7:00 - 8:00 CLOSED Swim Team				
		8:00 - 9:00 2 MASTERS 1 Lap Lane				
	9:00 - 9:45 Adult Lap	9:00 - 9:45 Adult Lap	8:30 - 9:45 Adult Lap		7:30 - 9:45 Lifeguard Class 1 Lap Lane	

**IMPORTANT REMINDERS:**

Please Follow Safe Passing When Circle Swimming  
**ONLY PASS FROM DEEP END TO SHALLOW END**

If no start date is listed then the program is on-going

When programs have NOT yet started, or have ended, the pool will be:

**Open Swim/Instructions  
2 Lap Lanes**