

July

2019

LUNCH MENU

JCC of Mid-Westchester Camps

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	
CAMP GADOL LIT/CIT EXPERIENCE SAC DANCE INTENSIVE	Hamburgers French Fries Fresh Fruit	Pizza Salad	Spaghetti with Mini Meatballs Marinara Fresh Fruit	NO CAMP Happy 4 th of July!	Chicken Nuggets Corn on the Cob Fresh Fruit	
	8	9	10	11	12	
DAILY OPTIONS: TOSSED SALAD TUNA SALAD MINI BAGELS PLAIN PASTA MARGARINE	Turkey Sandwiches French Fries Fresh Fruit	Pizza Salad	Pasta with Meat Sauce Tomato Slices Fresh Fruit	Waffles Applesauce Fresh Fruit	Chicken Nuggets Corn on the Cob Fresh Fruit	
	15	16	17	18	19	
	Hamburgers French Fries Fresh Fruit	Pizza Salad	Spaghetti with Mini Meatballs Marinara Fresh Fruit	Baked Ziti Celery Sticks Fresh Fruit	Chicken Nuggets Corn on the Cob Fresh Fruit	
	22	23	24	25	26	
	Turkey Sandwiches French Fries Fresh Fruit	Pizza Salad	Pasta with Meat Sauce Tomato Slices Fresh Fruit	Mac and Cheese Celery Sticks Fresh Fruit	Chicken Nuggets Corn on the Cob Fresh Fruit	Menu subject to change
	29	30	31			
	Hamburgers French Fries Fresh Fruit	Pizza Salad	Spaghetti with Mini Meatballs Marinara Fresh Fruit			

August

2019

LUNCH MENU

JCC of Mid-Westchester Camps

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CAMP GADOL LIT/CIT EXPERIENCE SAC DANCE INTENSIVE</p>						
<p>DAILY OPTIONS: TOSSED SALAD TUNA SALAD MINI BAGELS PLAIN PASTA MARGARINE</p>				1 Waffles Applesauce Fresh Fruit	2 Dairy Menu TBA Tish'a B'Av	
	5 Dairy Menu TBA Tish'a B'Av	6 Dairy Menu TBA Tish'a B'Av	7 Dairy Menu TBA Tish'a B'Av	8 Dairy Menu TBA Tish'a B'Av	9 Dairy Menu TBA Tish'a B'Av	
	12 Hamburgers French Fries Fresh Fruit	13 Pizza Salad	14 Spaghetti with Mini Meatballs Marinara Fresh Fruit	15 Mac and Cheese Celery Sticks Fresh Fruit	16 Chicken Nuggets Corn on the Cob Fresh Fruit	<p>Menu subject to change</p> 